



# SAINT GEORGE ORTHODOX CHURCH

211 E. Minnesota St., Spring Valley, IL 61362

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Patriarch JOHN X of Antioch

Antiochian Orthodox Christian Archdiocese of North America

Vicar Metropolitan ANTONIOS, Elect Metropolitan SABA

Diocese of Toledo and the Midwest Bishop ANTHONY

“Love, Pray, Repent” / Welcome All!  
“One, Holy, Catholic & Apostolic Church”

## 7 MAY 2023, PARALYTIC SUNDAY



**MATINS 8:45 AM • DIVINE LITURGY 10 AM • FELLOWSHIP 11:15 AM**

**PASTOR:** Father Mark Sahady

### **PARISH COUNCIL MEMBERS:**

#### **Elected / Appointed Members**

George Nimee, *Chair & Antiochian Men*

Melanie Thompson, *Treasurer*

Rdr Michael Baum, *Ecclesiarch*

Wayne Sanders, *Vice-Chair*

Nicholas Schaefer, *Secretary*

Sbdn David Anderson, *Sunday School*

#### **Organization Representatives**

Genie Sanders, *Chanters/Choir*

Nicholas Medawar, *Order of St Ignatius*

Ruth Baum, *Antiochian Women*

Robert Abraham, *Facilities*

## BULLETIN PART ONE – ANNOUNCEMENTS & INFO

**WORSHIP** On Youtube: [https://www.youtube.com/channel/UCVy\\_\\_6R3xbIrx-UI8H63AUA](https://www.youtube.com/channel/UCVy__6R3xbIrx-UI8H63AUA)

**STUDIES & MEETINGS** (when noted) On Zoom: <https://us02web.zoom.us/j/5822049765>

### SCHEDULE OF EVENTS

May 6, Saturday, 5:30 pm Vespers

May 7, Sunday, 8:45 am Matins, 10 am Divine Liturgy, 11:15 am Fellowship

May 9, Tuesday, 2 pm Senior Share (Social, Healthy Lives Education, Table Games),  
6:30 pm Midfeast Vespers

May 11, Thursday, 2 pm Spiritual Life Study at Rectory & [On Zoom](#).

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May 13, Saturday, No Vespers, Enthronement of new Metropolitan Saba in NY.

May 14, Sunday, 8:45 am Matins, 10 am Divine Liturgy, 11:15 am Fellowship

May 18, Thursday, 2 pm Spiritual Life Study at Rectory & [On Zoom](#).

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May 20, Saturday, Trip to Wisconsin Convent ~ 8:15 am – 5:30 pm ~ See Ruth Baum  
6 pm Vespers

May 21, Sunday, 8:45 am Matins, 10 am Divine Liturgy, 11:15 am Fellowship

11:45 am Parish Council Meeting

May 23, Tuesday, 2 pm Senior Share (Social, Healthy Lives Education, Table Games),

May 24, Wednesday, 6:30 pm Vigil for Ascension

May 25, Thursday, 2 pm Spiritual Life Study at Rectory & [On Zoom](#).

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May 27, Saturday, 5:30 pm Vespers

May 28, Sunday, 8:45 am Matins, 10 am Divine Liturgy, 11:15 am Fellowship

May 29, Monday, 10 am Cemetery Memorial, 11 am Church Picnic

June 1, Thursday, 2 pm Spiritual Life Study at Rectory & [On Zoom](#).

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### MAY BIRTHDAYS

May 3 – Lydia Schaefer

May 5 – Audrey Spitz

May 9 – Nicole Wiltse

May 10 – Jennifer Harshman

May 11 – John and Carole Ball anniversary

May 14 – Mirjana Sljivar

May 15 – Matthew Harvey

May 21 – Ron Malooley

May 22 – Bev Malooley

May 22 – Gretel Kaleel

May 23 – Ryker Thompson

May 27 – Ruth Baum

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### CHURCH FINANCES

**Remember: you can donate directly by going to [www.springvalleyorthodox.com](http://www.springvalleyorthodox.com)**  
and clicking the Donate Button at the bottom of the page with PayPal or Credit Card or  
contact Fr Mark for Bank Information for Direct Deposit by Transfer from your bank.  
**Your Stewardship Donations into the General Fund make all ministries happen.**

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Offering Schedule	Holy Bread & Food	Epistle Reader
Sunday, May 7	Kh Barbara Sahady	Kh Barbara Sahady
Sunday, May 14 Mother's Day	Allyson Scandale	Allyson Scandale
Sunday, May 21	?	?
Sunday, May 28	?	?
7 May 2023	2	Sunday Bulletin

## BULLETIN PART TWO – WORSHIP

- The “Glory” hymn at the end of Matins:

### THE DOXASTICON OF THE PARALYTIC IN TONE EIGHT

*Glory to the Father, and to the Son, and to the Holy Spirit.*

O Lord, the paralytic was not healed by the pool, but Thy word renewed him; nor was he hindered by his infirmity of many years; for the effect of Thy voice was seen to be sharper than the infirmity. Wherefore, he cast down his heavy burden and carried the weight of his bed, a testimony to the abundance of Thy compassion; glory to Thee.

### THE DOXASTICON FOR PASCHA IN TONE FIVE

*Both now and ever, and unto ages of ages. Amen.*

It is the day of Resurrection; let us be radiant for the festival, and let us embrace one another. Let us say, O brethren, even to those that hate us: Let us forgive all things on the Resurrection. And thus let us cry: Christ is risen from the dead; trampling down death by death, and upon those in the tombs bestowing life.

### THE GREAT DOXOLOGY AND TROPARION “Today is Salvation”

- The Hymns of the Day during the Divine Liturgy of Saint John Chrysostom:
- After “Blessed is the Kingdom” and “Amen.” Bearing the Paschal Candle, the Priest leads the singing of the Paschal Apolytikion and censes the Altar as follows:

**Priest:** Christ is risen from the dead, trampling down death by death; and upon those in the tombs bestowing life!

**All:** Christ is risen from the dead, by death hath He trodden death, and upon those in the tombs, hath He bestowed life! (Twice)

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### THE GREAT LITANY & THE FIRST ANTIPHON

**Verse:** Shout with joy to God, all the earth; sing to His Name, give glory to His praises.

**Refrain:** Through the intercessions of the Theotokos, O Savior, save us.

**Verse:** Say to God: How awesome are Thy works; let all the earth worship Thee and sing to Thee. Let it sing a song to Thy Name, O Most High.

**Refrain:** Through the intercessions of the Theotokos, O Savior, save us.

**Verse:** Glory... Both now...

**Refrain:** Through the intercessions of the Theotokos, O Savior, save us.

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### THE LITTLE LITANY & THE SECOND ANTIPHON

**Verse:** May God be gracious to us and bless us; and may He cause His face to shine upon us and have mercy upon us.

**Refrain:** Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

**Verse:** That Thy way may be known upon earth, Thy salvation among all nations; let the peoples give thanks to Thee, O God, let all the peoples give thanks to Thee.

**Refrain:** Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

**Verse:** May God bless us, and may all the ends of the earth fear Him.

**Refrain:** Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

**Verse:** Glory... Both now... O, only begotten Son and Word of God...

## THE LITTLE LITANY & THE THIRD ANTIPHON

**Verse:** Let God arise, let His enemies be scattered, let those who hate Him flee from before His face. As smoke vanishes, so let them vanish; as wax melts before the fire.

**Refrain:** Christ is risen from the dead, by death hath He trodden death, and upon those in the tombs, hath He bestowed life!

**Verse:** So the sinners will perish before the Face of God, but let the righteous be glad. This is the day which the Lord has made; let us rejoice and be glad therein. (**Refrain**)

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## THE EISODIKON (ENTRANCE HYMN) OF PASCHA

**Priest:** In the gathering places bless ye God the Lord, from the springs of Israel.

Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

**All: Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.**

• *After the Little Entrance (Eisodos), sing these Apolytikia in the following order.*

### RESURRECTIONAL APOLYTIKION IN TONE THREE

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

### APOLYTIKION OF SAINT GEORGE IN TONE FOUR

Since thou art a liberator and deliverer of the captives, a help and succour of the poor and needy, a healing physician of the sick, a contender and fighter for the kings, O great among martyrs, thou victory-clad George: Intercede with Christ God for the salvation of our souls.

### KONTAKION OF PASCHA IN TONE EIGHT

Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

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### THE TRISAGION HYMN

• **The Scripture of the day, following the Trisagion Hymn:**

### THE EPISTLE

**Clergy:** Let us attend!

**Reader:** O chant unto our God, chant ye. Clap your hands, all ye nations.

**Clergy:** Wisdom!

**Reader:** The Reading from the Acts of the Holy Apostles. (9:32-42)

**Clergy:** Let us attend!

**Reader:** In those days, as Peter went throughout all regions, he came down also to the saints who dwelt at Lydda. There he found a certain man named Aeneas, who was bedridden for eight years and paralyzed. And Peter said to him: "Aeneas, Jesus Christ heals you; arise and make your bed." And immediately he arose. And all who dwelt at Lydda and Sharon saw him, and they turned back to the Lord. Now there was at Joppa a certain disciple named Tabitha (which means Gazelle). She was full of good works and of charitable deeds which she did. And it came to pass in those days that she fell sick and died; and when they had washed her, they placed her in an upper chamber. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him: "Come to us without delay!" So Peter arose and went with them. And

when he arrived, they took him into the upper chamber. All the widows stood by him weeping, showing the tunics and other garments which Tabitha made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body, he said: "Tabitha, arise!" And she opened her eyes, and when she saw Peter, she sat up. And he gave her his hand, and raised her up. Then he called the saints and widows and presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

**Clergy:** Peace be to thee, who readest.

**Reader:** And to thy spirit.

**Choir:** I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation. For Thou hast said: Mercy will be established forever; Thy truth will be prepared in the heavens.

**All: Alleluia! Alleluia! Alleluia!**

### THE GOSPEL

#### The Reading from the Holy Gospel according to St. John. (5:1-15)

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for 38 years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befalls you." The man went away and told the Jews that it was Jesus Who had healed him. + + + + + + +

• **Instead of "It is truly meet" sing the Megalynarion for Pascha in Tone One:**

*The angel spake to her that is full of grace, saying, O pure Virgin, rejoice; and I say also, Rejoice; for thy Son is risen from the tomb on the third day.*

We believers in unison bless thee, O Virgin, crying: Rejoice, O gate of the Lord. Rejoice, O living city. Rejoice, O thou from whom didst rise upon us from the dead the Light of Resurrection, He Who was born of thee.

• **After "One is Holy, One is Lord..." & "I Believe O Lord and I Confess..." sing THE KOINONIKON (COMMUNION HYMN) OF PASCHA IN TONE EIGHT**

Receive ye the body of Christ; taste ye the Fountain of immortality.

- Instead of “We have seen the true light,” sing “Christ is Risen”.
- Instead of “Blessed be the Name of the Lord,” sing “Christ is Risen” **THRICE**.

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**THE GREAT DISMISSAL**

**Priest:** May He Who is risen from the dead, trampling down Death by death, and upon those in the tombs bestowing life, Christ our true God,..., through the intercessions of ...by the might of the Precious and Life-giving Cross—whose appearance we now celebrate—...of the Martyr Akakios the centurion at Byzantium, whose memory we celebrate today,...loveth mankind.

**Priest:** Christ is risen! (THRICE)

**People:** Truly He is risen! (THRICE)

**Priest:** Glory to His Holy Third-day Resurrection!

**People:** We adore His Holy Third-day Resurrection!

**All:** Christ is risen from the dead, by death hath He trodden death, and upon those in the tombs, hath He bestowed life!

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**Greetings in Many Languages**

English: Christ is Risen! Indeed He is Risen!

Arabic: Al Maseeh Qam! Haqan Qam!

Greek: Kristos Anesti! Alithos Anesti!

Albanian: Kristi Unjhal! Vertet Unjhal!

Romanian: Kristos a Inviat! Adeverat a Inviat!

Russian: Kristos Voskresseh! Vo Istinu Voskresseh!

French: Le Christ ést Ressucité! In Verité, il est Ressucité!

Spanish: Cristo ha Resucitado! En verdad, ha Resucitado!

German: Christus ist Auferstanden! Wirklich, er ist Auferstanden!

Georgian: Kristé ardsqa! Tchechmaritad ardsqa!

Cherokee: Tsesa dolehisanihi! Oodoyuhi Tsesa dolehisanihi!

Japanese: Christos Fukkatsu! Jitsu Ni Fukkatsu!

**المسيح قام! حقاً قام!**

**Χριστός ανέστη! Ἀληθῶς ανέστη!**

**Христóсь воскрéсе!**

**Во́истину воскрéсе!**

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**BULLETIN PART THREE – MORE ANNOUNCEMENTS & INFO**

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**Senior Share - the 2<sup>nd</sup> & 4<sup>th</sup> Tuesday, 2 - 4 pm (Next one is 9 May)**

Enjoy the Social and Learning Activities, as well as table games in the church hall for all. This Program works in conjunction with the Bureau County Senior Center in Princeton.

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**The 56<sup>th</sup> Biennial Antiochian Archdiocese Convention – July 23-30, 2023 in  
Phoenix, AZ, [www.ac2023az.org](http://www.ac2023az.org)**

**Theme is Genesis 1:26 “Let us make Man in our image, according to our likeness”**

**Keynote Speaker: Fr. Evan Armatas, “Reclaiming the Great Commission”**

Parish Health, Culture, Leadership, Obstacles, Health Plan, Implementation

**Speaker: Yelena Popovic, Writer & Director of movie “Man of God”**

**Speaker: Tim McFadden, “An Orthodox Understanding of the Gender Debate”**

## Toledo Diocese Parish Life Conference 2023 June 28<sup>th</sup> - July 2<sup>nd</sup>

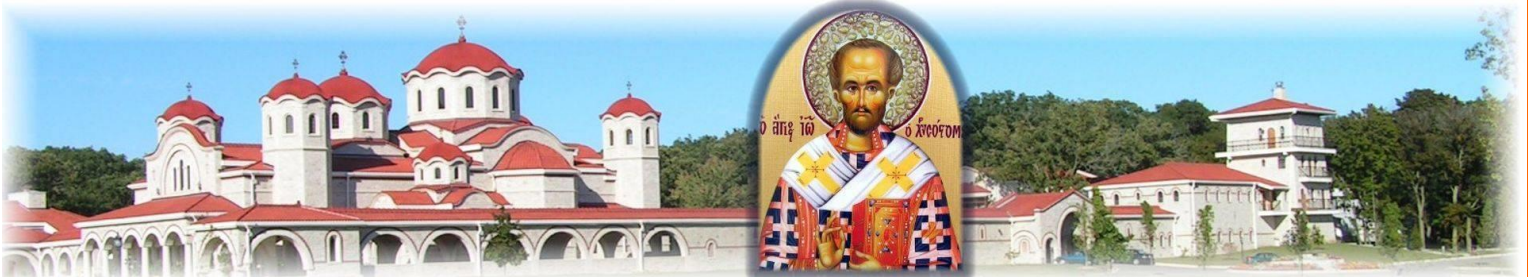
Hosted by St Mary Orthodox Church in Palos Heights, IL

At Double Tree Hotel in Oak Brook, IL

<https://www.antiochianevents.com/toledo>

Join us for a PLC including divine services, our annual Bible Bowl & Oratorical, guest speakers for everyone, fun evening events, daytime activities and more!

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### Join a Paschal Pilgrimage to St John Chrysostom Orthodox Convent in WI.

Saturday, May 20, 2023. Duration: 9 hrs. All welcome.

Meet at St George Church, 211 E Minnesota Street, Spring Valley, IL, 61362.

We will carpool to St John Chrysostom Orthodox Monastery, 4600 93rd Street, Pleasant Prairie, WI. We will picnic on the grounds so bring a bag lunch. Women should wear long skirts; men should wear long pants; all shoulders, torso & feet should be covered.

#### Schedule as follows:

8:15 am Meet at St George Church, Spring Valley, IL

8:30 am Carpool to St John Chrysostom Monastery

11:00 am Visit Monastery & Nuns

12:30 pm Picnic - Bring a Bag Lunch

1:30 pm Visit Monastery & Gift Shop

3:00 pm Leave Monastery to come home

5:30 pm Arrive back at St George Orthodox Church of Spring Valley, IL

#### Also Join us for:

6:00 pm Vespers at St George Church, Spring Valley, IL

7:00 pm Dinner at Angelos Restaurant, Spring Valley, IL

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### Jesus explains judgment as recorded in the Gospel of John chapter 3, verses 19-21

<sup>19</sup> And this is how judgment works: The Light has come into the world, but men loved the darkness rather than the Light because their deeds were evil. <sup>20</sup> For everyone who does evil deeds hates the light and does not come to the light, so that their deeds will not be exposed. <sup>21</sup> But the one who practices the truth comes to the light, so that it may be plainly evident that his deeds have been done in God.

**The Light of God exposes all. Some open hearts to the Light. Others reject the Light.**

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**Are you GRADUATING this year** from... • 8th Grade, • High School, • College, • Professional Certificate? Congratulations! Contact Fr Mark with info for the Bulletin.

## Prayers upon Entering a Church

*(Walking through church doors, make the sign of the Cross and say:)*

In the name of the Father and of the Son and of the Holy Spirit. Amen.

*(Entering the Vestibule, make the sign of the Cross and say:)*

I will enter into Thy house in the multitude of Thy mercy: and in Thy fear I will worship toward Thy holy temple. *(Psalm 5:7 fulfilling Isaiah 2:3)*

*(Getting a Candle, say:)*

Thy Word is a lamp unto my feet, and a Light unto my path (Ps. 119:105)

*(Before the Icon of Christ, make the sign of the Cross, kiss Icon and say:)*

O Lord Jesus Christ, Son of God, have mercy upon me a sinner *(& anyone else wanted).*

*(Before the Icon of the Theotokos, make the sign of the Cross, kiss Icon and say:)*

Holy Mary, Mother of God the Son, pray to Christ for me *(& anyone else wanted).*

*(Prayers before any other icons)*

O saint *(Name of Saint)*, pray to God for me *(& anyone else wanted).*

*(Prayer to own Guardian Angel)*

O holy guardian Angel of Christ protect me.

*(Prayer before Holy Doors to the Trinity before taking place for Service to begin:)*

The Father is my hope; the Son is my refuge; the Holy Spirit is my protector. O All-holy Trinity, glory to Thee. *(Make sign of the Cross and bow)*

*(Then go to your place & say the Trisagion Prayers thru the Lord's Prayer:)*

Glory to Thee, our God, glory to Thee!

O Heavenly King, the Comforter, the Spirit of Truth; who art places and fillest all things; Treasury of good things, and giver of life: come and dwell in us, and cleanse us from every stain, and save our souls, O Gracious Lord.

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***During the Paschal season, "O Heavenly King" above... is replaced with:***

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life *(Thrice)*

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Holy God, Holy Mighty, Holy Immortal, have mercy on us! *(Thrice)*

*Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.*

O all-holy Trinity: have mercy on us. O Lord: cleanse us from our sins. O Master: pardon our iniquities. O Holy One: visit and heal our infirmities, for Thy name's sake. *Lord have mercy. (Thrice) Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.*

Our Father, who art in heaven, hallowed be Thy name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one. Amen.

*Now add personal prayers or "Prayers Before Communion" from Red Book pp 204-208*