



SAINT GEORGE ORTHODOX CHURCH

211 E. Minnesota St., PO Box 122, Spring Valley, IL 61362

815-664-4540 www.springvalleyorthodox.com

Established office@springvalleyorthodox.com

1918

Metropolitan SABA

Antiochian Orthodox Christian Archdiocese of North America

Diocese of Toledo and the Midwest Bishop ANTHONY

“Love, Pray, Repent” / Welcome All!
“One, Holy, Catholic & Apostolic Church”

Celebrating 105 Years of Serving Christ in the Central Illinois Valley

19 November 2023, Tone 7, Eothion 2

Being built into a dwelling place for God ~ Ephesians 2:22



MATINS 8:45 AM • DIVINE LITURGY 10 AM • FELLOWSHIP 11:15 AM

PASTOR: Father Mark Sahady

PARISH COUNCIL MEMBERS:

Elected / Appointed Members

George Nimee, *Chair & Antiochian Men*

Melanie Thompson, *Treasurer*

Rdr Michael Baum, *Ecclesiarch*

Wayne Sanders, *Vice-Chair*

Nicholas Schaefer, *Secretary & Youth*

Sbdn David Anderson, *Sunday School*

Organization Representatives

Genie Sanders, *Chanters/Choir*

Nicholas Medawar, *Order of St Ignatius*

Robert Abraham, *Facilities*

Ruth Baum, *Antiochian Women*

Maxwell Colby, *Young Adults*

Our Parish Mission

Called by Christ to provide hope to the world, we serve people seeking truth with a loving community and the worship of the original Christian church.

Our Parish Vision

St George strives to be a growing community of believers of all ages, sharing frequent worship services, Christian education, a culture of giving and stewardship, and support to our neighbors.

BULLETIN PART ONE – ANNOUNCEMENTS & INFO

WORSHIP On Youtube: https://www.youtube.com/channel/UCVy__6R3xbIrx-UI8H63AUA

STUDIES & MEETINGS (when noted) On Zoom: <https://us02web.zoom.us/j/5822049765>

SCHEDULE OF EVENTS

November 18, Saturday, **8:15 am Parish Council Workshop, 10 am Council Mtg**
5:30 pm Vespers

November 19, Sunday, **8:45 am Matins, 10 am Divine Liturgy, 11:15 am Fellowship**
Last Day to Bring items for Illinois Food Pantry

November 20, Monday, **6:30 pm Vespers for Theotokos Entrance into the Temple**

November 21, Tuesday, **8:45 am Matins, 10 am Divine Liturgy for Theotokos**

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November 25, Saturday, **5:30 pm Vespers**

November 26, Sunday, **8:45 am Matins, 10 am Divine Liturgy, 11:15 am Fellowship**

November 27, Monday, **9 am – Noon Bake Together** for Dec 2nd Bake Sale

November 28, Tuesday, **9 am – Noon Bake Together** for Dec 2nd Bake Sale

2 pm Senior Share (Social, Education, Table Games)

Giving Tuesday – Donate at <https://gofund.me/b736630d>

November 29, Wednesday, **6:30 pm Greece Travelogue Slides**

December 1, Friday, **9 am – Noon Prep Food & Hall for Bake Sale**

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December 2, Saturday, **9 am – Noon BAKE SALE**

5:30 pm Vespers

December 3, Sunday, **8:45 am Matins, 10 am Divine Liturgy, 11:15 am Fellowship**

Decorate Church for Christmas

December 6, Wednesday, **6:30 pm Greece Travelogue Slides**

December 8, Friday, **6:30 pm Advent Compline**

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OCTOBER BIRTHDAYS & ANNIVERSARIES

Nov. 4 – John Sahady

Nov. 20 – John/Freda Kapetaneas (Anniv)

Nov. 5 – Michael Harshman, Adria Nimee

Nov. 21 – Mary Lynn Malooley Spitz

Nov. 11 – Monique & Jim Harvey (Anniv)

Nov. 22 – John Kapetaneas

Nov. 13 – Georgia Kapetaneas

Nov. 25 – Fr Mark Sahady

Nov. 14 – Kh Barbara Sahady

Nov. 27 – Pratik & Melissa Desai (Anniv)

Nov. 15 – Anysia Medawar

Nov. 30 – Mavick Malooley

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CHURCH FINANCES

October 2023 Income-Expense

Total October Income: \$6,906.98

Total October Expenses: \$8,825.52

Net Income October: \$-1,918.54

January-October 2023 Totals

Total Year Income: \$ 74,696.09

Total Year Expense: \$77,346.81

Total Year Net Income: \$-2,650.72

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BULLETIN PART TWO – WORSHIP

- The “Glory” hymn at the end of Matins:

THE SECOND EOTHINON DOXASTICON IN TONE TWO:

Glory to the Father, and to the Son, and to the Holy Spirit.

They who were with Mary came and brought with them ointments; and as they were at a loss how to achieve their desire, they saw that the stone had been rolled, and a divine young man removed all anxiety and trouble from their souls by saying, The Lord Jesus hath risen. Wherefore, they proclaimed to His Disciples, that they should hasten to Galilee and behold Him, risen from the dead; for He is the Lord, the Giver of Life.

Both now and ever, and unto ages of ages. Amen.

Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.

GREAT DOXOLOGY & TROPARION “Having risen from the tomb...”

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- **The Hymns of the Day during the Divine Liturgy of Saint John Chrysostom:**
THE GREAT LITANY & THE FIRST ANTIPHON:

Refrain: Through the intercessions of the Theotokos, O Savior, save us. (*Thrice*)

THE LITTLE LITANY & THE SECOND ANTIPHON:

Refrain: Save us, O Son of God, Who art risen from the dead, who sing to Thee.

Alleluia. (*Thrice*) Vs. Glory... Both now... O, only begotten Son and Word of God...

THE LITTLE LITANY & THE THIRD ANTIPHON:

RESURRECTIONAL APOLYTIKION IN TONE SEVEN

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

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THE EISODIKON (ENTRANCE HYMN) OF ORDINARY SUNDAY:

Clergy: Come, let us worship and fall down before Christ.

Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

Choir: Save us, O Son of God, Who art risen from the dead;
who sing to Thee. Alleluia. +++++++

- **After the Little Entrance (Eisodos), sing these Apolytikia in the following order.**

RESURRECTIONAL APOLYTIKION IN TONE SEVEN

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

APOLYTIKION OF SAINT GEORGE IN TONE FOUR

Since thou art a liberator and deliverer of the captives, a help and succour of the poor and needy, a healing physician of the sick, a contender and fighter for the kings, O great among martyrs, thou victory-clad George: Intercede with Christ God for the salvation of our souls.

KONTAKION OF ENTRANCE OF THE THEOTOKOS IN TONE FOUR

The sacred treasury of God’s holy glory, the greatly precious bridal chamber and Virgin, the Savior’s most pure temple, free of stain and undefiled, into the House of the Lord on this day is brought forward and bringeth with herself the grace of the Most Divine Spirit; her do God’s Angels hymn with songs of praise, for she is truly the heavenly tabernacle.

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LITANY & TRISAGION HYMN

• **The Scripture of the day, following the Trisagion Hymn:**

THE EPISTLE (For the Twenty-Fourth Sunday after Pentecost)

Clergy: Let us attend!

Reader: The Lord will give strength to His people. Ascribe to the Lord,
O sons of God, ascribe to the Lord honor and glory.

Clergy: Wisdom!

Reader: The Reading from the Epistle of Saint Paul to the Ephesians (2:14-22)

Clergy: Let us attend!

Reader: Brethren, Christ is our peace, Who has made us both one, and has broken down the dividing wall of hostility, by abolishing in His flesh the law of commandments and ordinances, that He might create in Himself one new man in place of the two, so making peace, and might reconcile us both to God in one body through the Cross, thereby bringing the hostility to an end. And He came and preached peace to you, who were far off, and peace to those who were near; for through Him we both have access in one Spirit to the Father. So then you are no longer strangers and sojourners, but you are fellow citizens with the saints and members of the household of God, built upon the foundation of the apostles and prophets, Christ Jesus Himself being the cornerstone, in Whom the whole structure is joined together and grows into a holy temple in the Lord; in Whom you also are built into it for a dwelling place of God in the Spirit.

Clergy: Peace be to thee, who readest.

Reader: And to thy spirit.

Reader: It is good to give thanks to the Lord, to sing praises to Thy Name, O Most High.
To declare Thy mercy in the morning, and Thy truth by night.

All: Alleluia! Alleluia! Alleluia!

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THE GOSPEL (For the Ninth Sunday of Luke)

The Reading from the Holy Gospel according to Saint Luke. (12:16-21)

The Lord spoke this parable: “The land of a rich man brought forth plentifully; and he thought to himself, ‘What shall I do, for I have nowhere to store my crops?’ And he said, ‘I will do this: I will pull down my barns and build larger ones; and there I will store all my grain and my goods. And I will say to my soul, Soul, you have ample goods laid up for many years; take your ease, eat, drink, be merry.’ But God said to him, ‘Fool! This night your soul is required of you; and the things you have prepared, whose will they be?’ So is he who lays up treasure for himself and is not rich toward God.” As He said this, Jesus called out, “He who has ears to hear, let him hear.”

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• After “One is Holy, One is Lord...” & “I Believe O Lord and I Confess...” Sing:

THE ORDINARY KOINONIKON (COMMUNION HYMN):

Praise the Lord from the Heavens. Praise Him in the Highest. Alleluia.

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Commemoration: The Holy Prophet Obadiah; Martyr Barlaam of Antioch
Martyr Azi the wonderworker of Isauria in Asia Minor and 150 soldiers with him.

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BULLETIN PART THREE – MORE ANNOUNCEMENTS & INFO

Offering Schedule

Holy Bread & Food

Epistle Reader

****Everyone, Please, clean up after yourselves both the table and floor areas****

Sunday, November 19	Kh Barbara Sahady	Kh Barbara Sahady
Sunday, November 26	Mike & Ruth Baum	Rdr Mike Baum
Sunday, December 3	Kim, Jeannie, Gabe Leonard, Angelena Panizzi A Memorial for Ed & Sadie Malooley	Gabe Leonard
Sunday, December 10	?	?
Sunday, December 17	?	?
Sunday, December 24	?	?

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The Ladies of Saint George Orthodox Church present their

Bake Sale

Saturday, December 2nd

9 am – Noon

211 E. Minnesota St ● Spring Valley, IL

Baklawa, Date Fingers

Mamoul, Ghribee

Meat Pies, Spinach Pies

Cheese Bread, Zaatar Bread

And more...



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Join Together to Bake these items at Church on **Mondays & Tuesdays from 9 am – Noon. Also, Please, bake your own specialties at home**, such as: Christmas Cookies & Bars; Greek and other Ethnic Baked Goods; Breads (like Banana, Date-Nut, Pumpkin); Home-canned Pickles, Jams, Jellies; Pies, Cakes, etc... Arrange to **have them at church on Friday, December 1**, so we can get them ready to sell.

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When was the last time you **focused your prayer on being thankful**? Often, prayer becomes a one-way conversation to God with a list of our needs instead of praying from a heart of gratitude. At the beginning of your day or at the end of your day, start the habit of thanking God for your blessings and praying these verses out loud. Invite a friend or your family to join you for 30 days of thankful prayers. Then, continue to foster a thankful heart and way of life. Create a gratitude journal by adding specific praise verses and prayers that are personal to your own life. Below is a prayer & Bible verse for each day. *Prayers 1-20 were in the last two week's Bulletins. Below are Prayers 21-30.*

21. Thank you for any strangers I might meet today, who could well turn out to be blessings directly from you. “Do not forget to show hospitality to strangers, for by so doing some people have shown hospitality to angels without knowing it” Hebrews 13:2.
22. Thank you for the work you give me to do so that I may honor you. “Whatever you do, work at it with all your heart, as working for the Lord, not for human masters” Colossians 3:23.
23. Thank you for the plans and purposes you have for me. “For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart” Jeremiah 29:11-13.
24. Thank you that in you I’m a new creation. “Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!” 2 Corinthians 5:17.
25. Thank you for being sovereign so that I can trust in your work in my life. “For you have been my hope, Sovereign LORD, my confidence since my youth” Psalm 71:5.
26. Thank you for the truth and the foundation you laid through Jesus Christ. “For no one can lay any foundation other than the one already laid, which is Jesus Christ” 1 Corinthians 3:11.
27. Thank you for your peace that suprases all understanding. “Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid” John 14:27.
28. Thank you for infusing me with your love, so others may know your love. “A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another” John 13:34-35.
29. Thank you for guiding me to have a greater faith. “Now faith is confidence in what we hope for and assurance about what we do not see” Hebrews 11:1.
30. Thank you for the hope you give me in Christ Jesus. “Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that can never perish, spoil or fade. This inheritance is kept in heaven for you” 1 Peter 1:3-4.

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**GIVING
TUESDAY**

Giving Tuesday was created to unite us all in a day of generosity, to make a difference in the world in a positive loving way. Make an impact on Tuesday, November 28 by supporting [Saint George Orthodox Church](https://gofund.me/b736630d) by following this link: <https://gofund.me/b736630d>. Donate now! Be a Giver! As God gives bounteously!

By **donating today** to St. George Orthodox Church, you provide an authentic, empowering experience of faith as the family of God with your donation. Support the renewal of Saint George Orthodox Church as we enter the 106th year of ministry with Sunday School, Workshops, Bible Studies, Community Support, Spiritual Counseling & Healing, Life-giving Worship and Fervent Prayer. **Follow this link:** <https://gofund.me/b736630d>.



ANYTIME from now till November 28, 2022 for our #GivingTuesday campaign!

Click on the [GoFundMe Link](https://gofund.me/b736630d) or Call Saint George Church at (815) 664-4540 or email us at office@springvalleyorthodox.com and we will guide you through this:

- Click on the GO Fund Me Link: <https://gofund.me/b736630d>
- OR Go to <https://www.springvalleyorthodox.com> and click on the DONATE button at the bottom of the page to make an electronic donation.
- OR Make your check payable to “Saint George Orthodox Church” and mail your check to Saint George Church, P.O. Box 122, Spring Valley, IL 61362

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2023 Advent Travelogue

Greece

Classical & Christian

Wednesday evenings

Nov 29 - Dec 20, 7 - 8 pm



From the ancient Olympics and the Oracle at Delphi to Alexander the Great and the travels of the Apostle Paul, Greece provides stories and pictures of incredible beauty and significance for all the ages and today. Prepare for Christmas with slides and images from a recent tour of Greece. Experience a virtual visit to the land where the Christian church took root, flourished, and spread across the world!



November 29 Introduction to Greece & the Greatest Traveler Among the Apostles

Starting with an overview of the history, geography, and culture of Greece, we'll then look closely at St Andrew, whose feast day is Nov 30, and we'll virtually visit his tomb at the largest church in Greece.

December 6 Preparing for the Coming of Christ

The great monuments of Ancient Greece – where the Olympic Games began, the tomb of Alexander the Great's father, and the Parthenon – and how they helped lay the foundations of the Christian church.

December

The Travels of Paul the Apostle

**St George Orthodox
Christian Church**
*Serving the Illinois
Valley since 1918*

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The first books of the New Testament were written to churches in Greece; we'll see the actual locations of Corinthians, Thessalonians, Philippians, and Ephesians.

211 E. Minnesota St., December

Images of Holiness

**Spring Valley, IL
815-664-4540**

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Five days before Christmas, we'll visit some of the most historic churches in Greece with amazing iconography, and marvel at their beauty and sanctity.

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The Orthodox Spirit and the Nativity Fast (*Selections*) By Metropolitan Saba (Ispere)

Spiritual growth is a gradual process in which believers ascend toward their desired spiritual state. The Church's role is to provide personal support and guidance to individuals on their spiritual journeys, helping them climb the ladder of salvation. Pastors or spiritual fathers draw from living spiritual experiences, not just static texts, to offer spiritual care that considers the individual's capacity, readiness, and circumstances. Father confessors accompany the faithful on their spiritual path and tailor their guidance to the unique needs of their spiritual children, focusing on what is most beneficial for their growth in Christ. The Gospel serves as a general spiritual guideline, but the specific application and embodiment of the Gospel's teachings depend on the spiritual father's experience and the individual believer's abilities, circumstances, and state of being. This principle forms the foundation of Orthodox spiritual guidance. Our Orthodox spiritual heritage teaches us to be rigorous in self-discipline while being compassionate and merciful towards others. The Nativity Fast in the Orthodox Church is observed as follows: Fish are allowed until December 12, which coincides with the feast of Saint Spyridon the Wonderworker. Then strictness of fasting increases as Christmas approaches – *especially during the Holy Week of Christmas (20-24 December)*. The spiritual father's role is to accompany his spiritual children, nurturing their spiritual growth and development, rather than burdening them with practices that exceed their capacity and lead to despair, ultimately causing them to abandon the Christian path leading to salvation. A story from The Garden of Monks (The Paradise of the Desert Fathers) illustrates this concept. It tells of a young man from a wealthy family who sought monastic life in an Egyptian desert monastery. The monks of the monastery slept on the ground, following the customs of their time. However, the abbot granted the young man the privilege of using a pillow while sleeping. Some of the other monks saw this as special treatment and complained. The abbot responded by saying, "My sons, you used to sleep on the ground in your homes, and when you came to the monastery, your sleeping conditions did not change much. But he used to sleep on a bed with a pillow of ostrich feathers. Whose monastic sacrifice is greater?" The arrangements within our Church order are designed to help believers engage with and experience the salvific events they commemorate. These aim to facilitate spiritual growth, purity, and holiness.

19 November 2023

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Sunday Bulletin