

St. George Orthodox Church

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Metropolitan SABA, Antiochian Orthodox Christian Archdiocese of North America Rt. Rev. Archimandrite Jeremy, Archiepiscopal Vicar Diocese of Toledo and the Midwest

Fr. Jeremy Finzel, Pastor



Sunday, October 20, 2024 The Sixth Sunday of Luke

Great Martyr Artemius at Antioch - Tone 8/Eothinon 6 8:45am - Matins, 10:00am - Divine Liturgy Followed by Fellowship and Adult Education

Coming Up at St. George:

Monday, October 21 from 9:00am - Noon - Ladies Baking Spinach Pies Tuesday October 22 from 9:00am - Noon - Ladies Baking Spinach Pies and from 1-3pm - Senior Share

Wednesday, October 23 at 8:30am - Hours, 9:00am - Liturgy for St. James, the Brother of the Lord and at 6:30pm - Great Vespers

Thursday, October 24 at 8:30am - Hours, 9:00am - Liturgy for the Holy Elders of Optina, followed by a Blessing of the Waters

Saturday, October 26 at 8:00am - Orthros, 9:00am - Liturgy for St. Demetrius and at 5:30pm - Great Vespers

Sunday, October 27 at 8:45am - Orthros, 10:00am - Divine Liturgy, followed by Fellowship and Adult Education

Monday, October 28 from 9:00am - Noon - Ladies Baking Meat Pies
Tuesday, October 29 from 9:00am - Noon - Ladies Baking Meat Pies

Tuesday, October 29 from 9:00am - Noon - Ladies Baking Meat Pies

Wednesday, October 30 at 6:30pm - Daily Vespers

Thursday, October 31 at 8:30am - Hours, 9:00am - Liturgy

and at 6pm - All Saints Celebration at All Saints Church in Chicago

Friday, November 1 at 9:30am - Hours, 10:00am - Liturgy for St. John of Krondstant Saturday, November 2 at 5:30pm - Great Vespers

Sunday, November 3 at 8:45am - Orthros, 10:00am - Divine Liturgy

Office Hours This Week:

Thursday from Noon-3pm

Services available on YouTube:

https://www.youtube.com/@St.GeorgeSpringValleyOrthodox

Please follow along in the booklet for Divine Liturgy

• The Glory hymns at the end of Matins:

Glory to the Father, and to the Son, and to the Holy Spirit.

Since Thou art the true peace of God to man, O Christ, Thou didst give Thy peace to Thy Disciples after Thy Resurrection. Thou didst show them frightened when they thought that they were beholding a spirit. But Thou didst remove the anxiety of their souls when Thou didst show them Thy hands and feet; and yet they were in doubt. But when Thou didst take food with them, reminding them of Thy preaching, Thou didst open their minds to understand the books. And Thou didst make with them the eternal covenant, blessed them, and rose, ascending into heaven. Wherefore, with them, do we worship Thee; O Lord, glory to Thee.

Both Now and ever and unto ages of ages. Amen.

Thou hast transcended all blessings, O Virgin Theotokos! For Hades hath been spoiled by Him who was incarnate of thee. Yea, Adam was recalled, the curse was abolished. Eve was delivered and death was caused to die, and we were made to live again. Wherefore, with praise we cry: Blessed art Thou, O Christ our God, who hast thus shown Thy pleasure. Glory to Thee!

- The Liturgy continues with the Great Doxology, Page 2.
- The Troparion after the Great Doxology:

Having risen again from the tomb, and having burst asunder the bonds of Hades, Thou didst unbind the condemnation of death, O Lord, redeeming all men from the snares of the enemy. And having revealed Thyself to Thine Apostles, Thou didst send them forth to proclaim Thee. And through them Thou hast granted Thy peace unto the universe, O Thou who alone art merciful!

- The Liturgy continues with the Opening Prayers, Page 3.
- The Third Antiphon and the Little Entrance:

Troparion of the Resurrection (Tone 8): O Compassionate One, Thou didst descend from the heights; Thou didst submit to the three-day burial, that Thou mightest deliver us from passion. Thou art our Life and our Resurrection, O Lord, glory to Thee.

• The Entrance Hymn:

O come, let us worship and fall down before Christ, our King and God. Save us, O Son of God, who didst rise again from the dead, we who sing unto Thee: Alleluia!

• Hymns of the day, following the Little Entrance:

Repeat the Troparion of the Resurrection (from above)

Apolytikion of St. Artemius the Great Martyr (Tone 4): Thy Martyr, O Lord, in his courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the demons' strengthless presumption. O Christ God, by his prayers, save our souls, since Thou art merciful.

Troparion for St. George the Great-Martyr (Tone 4): Since thou art a liberator and deliverer of captives, a help and succour of the poor and needy, a healing physician of the sick, a contender and fighter for kings, O great among martyrs, the victory-clad George: Intercede with Christ God for the salvation of our souls.

Ordinary Kontakion (Tone 2): O undisputed intercessor of Christians, the mediatrix unrejected by the Creator, turn not away from the voice of our petitions, though we be sinners. Come to us in time, who cry to Thee in faith, with assistance; for Thou art good. Hasten to us with intercessions, O Theotokos, who dost ever intercede for those honor Thee.

• The Trisagion Hymn:

Holy God, Holy Mighty, Holy Immortal One: Have mercy on us! (three times) Glory to the Father and to the Son and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Holy Immortal One: Have mercy upon us!

Louder! Holy God, Holy Mighty, Holy Immortal One: Have mercy upon us!

The Epistle for the Seventeenth Sunday After Pentecost

Clergy: Let us attend!

Reader: Make your vows to the Lord our God and perform them. God is known in Judah; His

Name is great in Israel.

Clergy: Wisdom!

Reader: The Reading from the Second Epistle of St. Paul to the Corinthians (6:16-7:1).

Clergy: Let us attend!

Reader: Brethren, we are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be My people. Therefore, come out from them, and be separate from them," says the Lord, "and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be My sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

Clergy: Peace be to thee who readest.

Reader: And to thy spirit.

Chanter: Come let us rejoice in the Lord! Let us make a joyful noise to God our Savior! Let us come before His face with thanksgiving; let us make a joyful noise to Him with psalms! **All:** Alleluia, alleluia!

The Gospel for the Sixth Sunday of Luke The Reading from the Holy Gospel according to St. Luke (8:26-39).

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. [For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.] Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and

was drowned. When the herdsmen saw what had happened, they fled, and told it in the city

and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.

• The Liturgy continues with the Homily, Page 12.

The Litany of the Catechumens:

Priest: Pray to the Lord, ye catechumens.

People: Lord, have mercy. (repeat after each petition)

Let us, the faithful, pray for the catechumens, that the Lord will have mercy on them.

That He will teach them the word of truth.

That He will reveal to them the gospel of righteousness.

That He will unite them in His holy, catholic and apostolic Church.

Save them; have mercy on them; help them; and keep them, O God, by Thy grace.

Priest: Bow your heads unto the Lord, ye catechumens.

People: To Thee, O Lord.

Priest: (*Quietly*) O Lord our God, who dwellest on high and regardest the humble, who hast sent forth as the salvation of the race of men thine only-begotten Son and God, our Lord Jesus Christ; Look down upon thy servants the catechumens, who have bowed their necks before Thee; make them worthy in due season of the laver of regeneration, the forgiveness of sins and the robe of incorruption. Unite them to Thy holy, catholic and apostolic Church, and number them with Thine elect flock. (*Louder*) That with us they may glorify Thine all-honorable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever, and unto ages of ages.

People: Amen.

Priest: As many as are catechumens, depart. Depart, catechumens. As many as are catechumens, depart. Let none of the catechumens remain.

The First Litany of the Faithful:

Priest: As many as are of the faithful, again and again in peace, let us pray to the Lord.

Choir: Lord, have mercy. (Very slowly while the Priest prays quietly.)

Priest: Help us, save us, have mercy on us, and keep us, O God, by Thy grace.

People: Lord, have mercy.

Priest: Wisdom!

Priest: For unto Thee are due all glory, honor and worship to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.

People: Amen.

The Second Litany of the Faithful:

Priest: Again and again in peace, let us pray to the Lord.

Choir: Lord, have mercy. (Very slowly while the Priest prays quietly.)

Priest: Help us, save us, have mercy on us, and keep us, O God, by Thy grace.

People: Lord, have mercy.

Priest: Wisdom!

Priest: That guarded always by Thy might we may ascribe glory unto Thee to the Father and

to the Son and to the Holy Spirit, now and ever, and unto ages of ages.

People: Amen.

• The Cherubic Hymn:

Let us who represent the Cherubim mystically, as we sing with them the thrice-holy hymn to the life-giving Trinity, the thrice-holy chant intoning. All cares terrestrial, now lay aside. We raise on high the King of All.

• The Liturgy continues with the Great Entrance, Page 12.

Information & Announcements

All Saints Celebration: Fr. Andrew Kishler has invited us to the annual All Saints Celebration in Chicago on Thursday, October 31 from 6-9pm. For more information, please see Fr. Jeremy or Kh. Jordan.

Annual Bake Sale: It's that time again! The Ladies are gearing up to start baking for our annual bake sale on December 7th. This is a huge endeavor every year and we need all the help we can get. We need volunteers to help with baking, which we sill start tomorrow, October 21st with Spinach Pies, and we will gladly accept any financial donations to help offset the cost of ingredients and supplies. Please see Ruth or Allyson for more information.

Parish Council Representatives

<u>Elected & Appointed Members</u>

Wayne Sanders, Chair Mark Kerasotes, Vice-Chair & Order of St. Ignatius Melanie Thompson, Treasurer Rdr. Michael Baum, Secretary & Ecclesiarch Sbdn. David Anderson, Sunday School

<u>Organization Representatives</u>

Genie Sanders, Chanters/Choir Allyson Scandale, Antiochian Women Maxwell Colby, Young Adults Robert Abraham, Facilities

Birthdays & Anniversaries

October 20 – John Ball October 24 – Richard and Bette Malooley (anniversary) October 26 – Joe & Maribeth Soldati (anniversary)

The Mother of All Vices, Part Two (Pride and Arrogance)

By His Eminence Metropolitan Saba (Isper)



The danger of arrogance is that it is a snake with many heads. Each time one head is cut off, another one grows. Arrogance is a disease that creeps stealthily into everything, just like the sunlight flows quietly everywhere. If I fast, I will brag about my fasting. If I do a good deed, I will praise myself and tell others what I did to receive praise. Sometimes I may remain silent during a discussion, not out of humility or to be attentive, but rather to draw attention to myself with the aim that others might urge me to speak!

Inferiority complexes fuel pride. Persons in need of attention, affection and care seek them in the wrong sources. They tend to

prove themselves and accentuate their presence by all possible means. This tendency may go against norms and standards to attract attention. Aren't "trends" of fashion, beautification and changing one's appearance – to have the "look" or become eye-catchers – all self-affirmations of one's existence and a hidden cry that says, "I am here"? Don't some people distort their appearance to attract attention, even if in a negative way? What is the purpose of the dreadfulness we sometimes see in fashions?

Pride begins when complete arrogance grows to disdain one's neighbor, yet brazenly boasts and praises oneself. It avoids any criticism or rebuke and refuses to hear what is not self-pleasing. It is fulfilled by rejecting God and His help, and by being sufficed with one's self and abilities, thus imitating the demons.

The more pride is rooted in us, the more spiritual and psychological our illnesses become. Our need for comfort and peace becomes more pressing.

We fight pride and arrogance by remembering our own sins, shortcomings and defects. Examine your conscience daily to realize your imperfection. Accept comments from those who love you and review yourself when you receive harsh criticism or rebuke from dear ones. Nothing promotes our pride as much as forgetting our own shortcomings and sins.

Compare yourself with those who are better than you or with those who preceded you on the path of virtue. Befriend the saints to know that the road ahead of you is still long. Pay attention to anger as a clear sign of pride. Affirm yourself in acts of love instead of arrogance and haughtiness.

Learn from nature. Trees with abundant fruit are bent to the ground, while fruitless trees rise toward the sky. The low-lying land receives rivers and streams to become fertile, fruitful and yield generously.

Produce virtues and good deeds to eliminate the inferiority complex in you. Know yourself and admit your faults so that you can move comfortably towards correcting them. Reconcile with your past so that you can see things clearly in the light of reality and can advance humanly and spiritually. Let go of your complexities by practicing acts of love. Compare your situation, from time to time, with those who are less fortunate than you so that you can learn gratitude and contentment.

Live with the gospel and examine yourself in the light of its commandments. You will then uncover the number of vices nesting within you.

Hold yourself accountable and make Christ your example, then you will be able to let go of pride, and instead love humility and find the peace you seek.